

## Process and Timeline

A standards revision committee was established in September 2006 comprised of a secondary health education teacher, a post secondary professor of health education, a school/community health educator, and the Indiana Department of Education Health & Wellness / Physical Education curriculum specialist.

Upon completion of the committee's draft, the document was sent out of state for three external reviews. Adjustments were made to the document in response to these reviews, and the document was then posted on the Indiana Department of Education website for online public evaluation, followed by final modifications in the text, resulting in the final draft for presentation to the State Board of Education.

This process encompassed the following timeline:

September 2006	Standards revision committee established
October 2006 – March 2007	Committee reviewed and revised the 2002 Health Education standards and indicators, aligning them to the National Health Education Standards, and writing them by grade level for K – 8, High School Health & Wellness, and High School Advanced Health & Wellness.
April 2007	Committee members further refined first draft
April 2007	Draft 1 sent to external reviewers
May 2007	Draft 1 refined in response to external reviews
June – August, 2007	Draft online for public comment
September 2007	Final revisions in response to online reviews
October 2007	Final draft presented to Indiana State Board of Education

## Indiana Work Team

Becky Kennedy, M.Ed.	Health & Wellness / Physical Education Curriculum Specialist Indiana Department of Education
----------------------	--

Indianapolis, IN

Bobbi Lautzenheiser, M.S. Jr. H.S. / H.S. Health Education Teacher	Department Chair, Health Education 7-12 Manchester Community Schools North Manchester, IN
Diana Ruschhaupt, MS, CHES	Director of Programs Ruth Lilly Health Education Center Indianapolis, IN
Denise M. Seabert, PhD, CHES	Assistant Professor School Health Program Coordinator & Advisor Department of Physiology & Health Science Ball State University Muncie, IN

**Draft I & III Reviewers**

Marilyn Jensen, M.A.	School of Education: Health Education University of South Dakota * former public school educator ** National Health Education Standards Review & Revision Panel member
Marlene Tappe, Ph.D., CHES	Department of Health Science Minnesota State University-Mankato ** National Health Education Standards Review & Revision Panel member
Susan Telljohann, HSD, CHES	Dept. of Public Health & Rehabilitative Svc. The University of Toledo – Ohio ** National Health Education Standards Review & Revision Panel member

**Attachment B**

**Summary of Online Review**

Citizens from across the State of Indiana had the opportunity to read the proposed standards, complete an online survey, and post additional comments. In June, 2007 teachers, educators, and other health education professionals were notified by e-mail and the Indiana Department of Education administrator communication of the upcoming online review opportunity. The proposed Health & Wellness Standards

were posted on the Indiana Department of Education website from June 12 – August 31, 2007. Citizens from 26 Indiana counties completed the online evaluation of the proposed Health & Wellness Standards.

### General Reactions

Respondents were asked to reflect on the following statements. Percentages were rounded to the nearest whole number.

- The revised standards are easy to understand  
Agree/Strongly Agree 85%      Disagree/Strongly disagree 4%  
No Response 11%
- The revised standards will support learning of appropriate skills for health promotion and disease prevention to enhance health and wellness.  
Agree/Strongly Agree 78%      Disagree/Strongly disagree 13%  
No Response 9%
- The revised standards will support learning of appropriate decision-making and goal-setting skills to enhance health.  
Agree/Strongly Agree 80%      Disagree/Strongly disagree 10%  
No Response 10%
- The revised standards will apply to multiple health-related issues and cultures.  
Agree/Strongly Agree 79%      Disagree/Strongly disagree 8%  
Do not know 4%      No Response 9%
- Please grade the revised Health and Wellness Standards overall.  
A 44%   B 22%   C 9%   D 13%   F 2%   No Response 10%

### Additional Feedback:

- Statements regarding meeting all standards in one class in high school; need more time for health; why the high school requirement is only one semester for a course of such importance that contains valuable and useful information; an advanced level health education

Attachment B

- course should also be a requirement for students ages 17 and over for high school graduation; health education teachers should be “Highly Qualified”.
- Keep the standards simple and easy to follow; address healthy eating and exercising more; have students learn about the human body and apply that information; address health and safety more in elementary; address suicide prevention in all schools; there is limited mention of sexual health issues in K-8; starting in grade 6 include age-appropriate scientifically accurate information about preventing/addressing sexually-related health issues; involve school nurse and parents more; need interdisciplinary connections; clarify wellness.
- Positive feedback indicating helpful examples in interpreting the standards; easy to understand format; nicely done; appreciate the cultural awareness;

good to increase the awareness of non-violent conflict resolution; appreciate the hard work that more closely aligns to the materials taught.

Occupation	Number of People Reviewing
Kindergarten – Grade 6 Teacher	13
Kindergarten – Grade 6 Health Education Teacher	2
Kindergarten – Grade 6 Physical Education Teacher	3
Grades 6 – 8 Teacher	2
Grades 6 – 8 Health Education Teacher	10
Grades 6 – 8 Physical Education Teacher	9
Grades 9 – 12 Physical Education Teacher	10
Grades 9 – 12 Health Education Teacher	17
Special Education Teacher	2
Administrator/Curriculum Coordinator	7
Post-secondary Administrator/Instructor	2
Parent	10
Student	0
Collegiate Health Education / Physical Education Students	1
Community Member	5
Community Health Educator	7
<b>Other:</b>	
School Nurse	
K-8 Health and Physical Education Teacher	
Elementary Physical Educator	
University Faculty	8
family physician	
physician (Child and Adolescent psychiatrist)	
Grades 9-12 Teacher	
Physician	